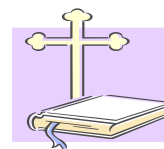




Cardinal Leger Secondary School Religion Department



Course Name: Raising Healthy Children

Ministry Guidelines: Social Sciences
and Humanities, 2013

Course Code: HPC 30

Level: 11 Open

Teacher:

Room:

Textbook: Parenting: Rewards and Responsibilities

Replacement Cost: \$100.00

Number:

Course Overview:

This course focuses on the skills and knowledge parents, guardians, and caregivers need, with particular emphasis on maternal health, pregnancy, birth and the early years of human development (birth to six years old). Through study and practical experience, students will learn how to meet the developmental needs of young children, communicate with them, and effectively guide their early behavior. Students will develop their research skills through investigations related to caregiving and child rearing.

Prerequisite: None

Curriculum Strands and Overall Expectations:

Research and Inquiry Skills: Overall Expectations

- Explore topics related to child development and child rearing, and formulate questions to guide research;
- Create research plans, and locate and select information relevant to chosen topics, using appropriate social science research and inquiry methods;
- Access, record, analyse, and synthesize information gathered through research;
- Communicate the results of the research and inquiry clearly and effectively, and reflect on and evaluate research, inquiry, and communication skills.

Child Growth and Development: Overall Expectations

- Describe factors that contribute to the healthy development of children before and during birth, and in the first few months after birth;
- Describe patterns in the healthy, social, emotional, cognitive, linguistic, and physical development of young children ;
- Demonstrate an understanding of the importance of nutrition for healthy development.

Personal and Social Responsibilities of Parents: Overall Expectations

- Demonstrate an understanding of how to prepare for the responsibilities of being a parent;
- Demonstrate an understanding of strategies parents can use to ensure effective communication in their families;
- Apply and assess own child-rearing knowledge and skills through practical experiences with children.

Child Rearing Around the World: Overall Expectations

- Demonstrate an understanding of social and cultural variations in family forms and child-rearing approaches;
- Demonstrate an understanding of a variety of child-rearing practices and their effects on children;
- Demonstrate an understanding of common and diverse experiences of young children in a variety of cultures and historical periods.

Addressing Social Challenges: Overall Expectations

- Demonstrate an understanding of the challenges facing parents throughout the early childhood years;
- Describe strategies for building healthy family relationships in order to prevent neglect and/or physical, sexual, or emotional abuse of children;
- Describe the roles and responsibilities of society in protecting and supporting children and families, and the responsibilities of caregivers towards children.



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Evaluation:

Evaluation will be based on unit tests, assignments, reflections, and group work.

Term Work	70%
Knowledge and Understanding	25%
Thinking	25%
Communication	25%
Application	25%
Final Assessment	30%
Formal Examination	20%
Culminating Task	10%
Course Total	100%

Learning Skills and Work Habits

E= Excellent G=Good S=Satisfactory N= Needs Improvement

Responsibility	<ul style="list-style-type: none"> Fulfills responsibility and commitments. Takes responsibility for and manages own behavior.
Organization	<ul style="list-style-type: none"> Devises and follows a plan and process for completing tasks. Establishes priorities and manages time
Independent Work	<ul style="list-style-type: none"> Independently monitors, assesses, and revises plans to complete tasks and meet goals. Uses class time to complete tasks.
Collaboration	<ul style="list-style-type: none"> Accepts various roles and an equitable share of work in a group. Builds healthy peer-to-peer relationships.
Initiative	<ul style="list-style-type: none"> Looks for and acts on new ideas and opportunities. Approaches new tasks with a positive attitude.
Self-Regulation	<ul style="list-style-type: none"> Sets own goals and monitors progress towards achieving them. Seeks clarification or assistance when needed.

Missed/Late/Incomplete Assignments

It is the student's responsibility to address missed, late, or incomplete assignments. Students are expected to complete assignments and to adhere to assignment deadlines as follows:

Due Date	10% Penalty Zone	Closure Date
A due date is set by the teacher.	1 school day late – 3% 2 school days late – 6% 3 school days late – 10% Maximum penalty of 10%	Once the closure date has passed, work is considered incomplete and a mark of zero applies.